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Letter from the CEO

Dear friends of Second Harvest,

These last couple of years have been tough for everyone. While many families were struggling prior to 2020, there has been a significant increase in families seeking assistance that does not seem to be slowing down. Families are seeing the same challenges Second Harvest has been dealing with. Rising food and fuel costs are resulting in an influx of families seeking food assistance and less support we are able to offer.

As we continue to assist area families in need, your support means more now than it ever has. Every little bit helps, and now it is more important than ever.

For people facing hunger, every day is a struggle to put food on the table. It is a struggle to remain hopeful when times are hard. Yet with your support, we can continue to provide hope for these families by way of putting food on the table.

We appreciate all the help we receive to help our neighbors in need. With your continued support, we will be able to continue our mission of providing nourishment and hope in the fight to end hunger.

Thankfully, we have donors like you. Your support has truly made a difference in the lives of those around you.

Chad Higdon
CEO of Second Harvest
Community Food Bank

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OUR MISSION
To provide nourishment and hope to the hungry while engaging and empowering the region in the fight to end hunger.

OUR VISION
A hunger-free Northwest Missouri and Northeast Kansas.

Newsletter is produced by Second Harvest Communications Department. For questions, please contact Mackenzie Osborn at 816.244.8677 ext. 219.

Facebook.com/sec.harv
Twitter.com/Second_Harvest
@secondharvestcfb
@secondharvestcfb
Second Harvest Staff Assists in Disaster Relief

In November and December, Second Harvest was approached by Feeding America with the opportunity to help those devastated by Hurricane Ian. We were able to send three staff members out to Harry Chapin Food Bank in Florida to assist those in need. Their jobs, while similar to what we do here, were much larger scale. Gisselle Vides (Warehouse Lead) said, “(The food bank) would get ten trucks of food a day. That’s more than Second Harvest sees in a week, so things were constantly moving and changing.”

Jackie Auxier (Children’s Initiatives) and Payton Morgan (SNAP Outreach) spent their time going to mobile pantries and assisting with surveys of those impacted. Payton was able to answer SNAP questions since the food bank is looking into doing more outreach, “It was good to be able to trade knowledge with people from other food banks and see what they do differently from us, to see how we can apply it to our own work.”

“The most rewarding part was seeing people from all over Feeding America work together. By the time we left, we had gone from doing lots of emergency mobiles to only a few. Seeing the progress of those we helped was an amazing feeling,” Jackie shared.

Gisselle shared what she took away from her experience, “I learned, both in work and in my personal life, not to take things for granted ... These people were working, happy, and healthy one day, and the next, they didn’t have a home. The people at the food bank came to work every day to help these people only to find out, some of them had their house ripped out from under them too.”

“Seeing how thankful people were to get any help at all was eye opening,” Payton agreed, “Every person was so grateful for what we were doing and the community really stuck together.”
Cultivating a Sense of Hope

2022 Successes

8,681,721
Pounds Distributed Through Fresh Mobile Pantries

Nearly 35% of Those We Serve Are Seniors

1 out of 4 Children Suffer From Hunger

4 Kansas Counties

15 Missouri Counties

Over 40,000 Food Insecure Individuals in Our Area
Every $1 donated = 3 meals

1,200 Senior Box Recipients
94,368 Volunteer Hours
50+ Partner Agencies
695,936 Pounds Distributed Through Children’s Programming
1,284,046 Meals Supplied Through SNAP
### Financial Report FY 2022

#### Support and Revenue

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<th>Description</th>
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<td>In Kind Contributions</td>
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<tr>
<td>Cash &amp; Cash Equivalents</td>
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<td><strong>Total Revenue &amp; Support</strong></td>
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#### Expenses

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<tr>
<td>Program &amp; Distribution Services</td>
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<tr>
<td>Fundraising</td>
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<tr>
<td>Management</td>
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<td><strong>Total Expenses</strong></td>
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#### Assets

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<tbody>
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<td>Net Assets, Beginning of Year</td>
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<tr>
<td>Net Assets, End of Year</td>
<td>$3,232,758</td>
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<td><strong>Change in Net Assets</strong></td>
<td><strong>$936,826</strong></td>
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*Audited statements are available upon request*
You Can Be a Buddy

Feed Children Over the Weekend

You may think backpacks are only for carrying school books, but every Friday during the school year, hungry children in our region find something extra in their bags — nutritious food for the weekend. You see, children in need in our region count on school lunch and breakfast programs to keep them going, but these vital programs don’t help them when the weekend comes, and they’re home with bare cupboards.

“Backpack Buddies keeps food on our table,” said one student.

A child who eats consistent, healthy meals will concentrate better in school and score higher on standardized tests. With school ending this month, it’s time to start thinking about next year. That’s why we’re inviting you to be a Backpack Buddy sponsor for the 2023-2024 school year.

For $199, you can sponsor a student for an entire school year and give the gift of nutritious, kid-friendly food over the course of the 34-week school year. Sponsoring one child, ten children, or a whole elementary school right in your neighborhood makes such a difference in your community.

If you are interested in sponsorships or have questions, please contact Jackie at jauxier@shcfb.org.

Meet Ingrid

For $300 a year you can sponsor a senior box recipient like Ingrid! Ingrid moved to the U.S. from Germany during World War II.

“At times, we didn’t have anything to eat. For almost ten days, we had nothing but water with salt in it. We were weak and at first, we felt the pain. At that point (of the war), there was no food, no nothing to eat. If we’d had something like Second Harvest, we would never have been in trouble.”

After utilizing Second Harvest programs recently, she said, “As long as we have Second Harvest, I don’t think anybody needs to go hungry. There are wonderful people there. I hope (Second Harvest) never goes away. I hope it’s always there and helps someone in need like I was at one point.”
Are you looking for a fun volunteer opportunity this summer? We are looking for help serving with the No Hunger Summer kids feeding program.

"I volunteer because it’s nice to see my work is helping real families in my community.”
– NHS volunteer Hallie Osborn

Volunteers can pack lunch sacks, deliver coolers, or hand out meals at sites for one hour every week day during this summer program. We’re looking forward to another great year of service! If you or your group are interested, contact afoster@shcfb.org.

All types of food donations are welcome at Second Harvest, including fresh fruits and vegetables, proteins, and canned goods. To find out how easy it is to get involved and make a difference in the fight against hunger, call us today at 816.364.3663.

Whatever your schedule, availability, or interests are, Second Harvest has an important role YOU can fill. Without our valued volunteers, our organization would not fulfill our mission. To find out how you can get involved and make a difference, call us today.

When you donate to Second Harvest you are making a direct monetary investment into building hunger-free communities. To find out more on how you can take this step, visit us online at www.shcfb.org.