

Most Needed Items

Canned proteins

Canned tuna, salmon, chicken, beans and beef

Fruits and Juices

Fruit cups, juice, and applesauce

PB& J

Chunky or smooth, any flavor jelly or jam

Soups & Stews

Low sodium, beef, chicken noodle, veggie, chili

Breakfast

Cereal, oatmeal, quick oats, granola/cereal bars

Pasta

Mac n' Cheese, pasta noodles, pasta sauce

Rice

Brown and white rice



*For more information,
contact:*

Second Harvest
Community Food Bank

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