

FALL 2022

Community Notes

A PUBLICATION OF SECOND HARVEST
COMMUNITY FOOD BANK



IN THIS ISSUE

Page 2
NO HUNGER SUMMER

Page 3
**HUNGER IN THE
HEARTLAND**

Page 4
**YOU HELPED KATE
FIGHT HUNGER**

Page 4
**THANK YOU FOR
SUPPORTING SECOND
HARVEST ANNUAL
FUND DRIVE**



Second Harvest Community Food Bank
is a member of Feeding America and
Feeding Missouri.

**Your gift supplies food for
families in need across
Northwest Missouri and
Northeast Kansas.**

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OUR MISSION

To provide nourishment and hope to the hungry while engaging and empowering the region in the fight to end hunger.

OUR VISION

A hunger-free Northwest Missouri and Northeast Kansas.

Newsletter is produced by Second Harvest Communications Department. For questions, please contact Mackenzie Osborn at 816.364.3663 ext. 219.

-  Facebook.com/sec.harv
-  Twitter.com/Second_Harvest
-  @secondharvestcfb
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SHCFB.org



It's food that's In when school is out.



School is back in session, which marks the end of our No Hunger Summer season. **It was another great summer feeding kids across our area, and it's all thanks to YOU. Without your generous volunteer hours and financial support, we could not keep up with this program.**

No Hunger Summer is an 8-10 week program that feeds school-age kids when classes are out. Lunches are served daily at various locations and typically consist of a sandwich, milk, fruit, fruit cups, and a granola bar or chips.

The last few years have brought on different adaptations to the program, one of which being the 'grab and go' meal option. This new protocol allowed for the option to take their meal home to eat it and provided a safe option during the pandemic.

Jackie Auxier, Children's Initiatives Coordinator, says her favorite part is, "Going to the sites and seeing all the kids get their meals. You get to know the kids that come every day and creating that bond with them is a really special part of my summer."

An important role in the No Hunger Summer program is our dedicated volunteer team. This program could not run without those who take time out of their summer vacation to prepare and distribute these meals.

Second Harvest's Volunteer Coordinator, Andrew Foster, says, "When school is out kids are at a higher risk for hunger. That's why Second Harvest has No Hunger Summer — because summer should be a fun time, and not a time for hunger."

For more information on how to volunteer or donate to Children's Programs visit shcfb.org or call 816.364.3663.



Hunger in the Heartland

Missourians using food pantries made difficult trade-offs to feed their families in 2021. The Hunger in the Heartland report from the University of Missouri found that 41% of Second Harvest program users had to choose between paying for food or utilities last year, while 35% had to decide between paying for food or medicine/medical care and 26% had to choose between purchasing food or paying for housing. This report was conducted by the MU Interdisciplinary Center for Food Security to better understand the characteristics of food pantries and to examine the impacts of hunger in Missouri.

The study involved an online and telephone survey of 344 food pantry directors and in-person interviews with 3,377 food pantry clients conducted on-site at food pantries during the spring and summer of 2021. 66% of pantries reported serving more clients in 2021 compared to 2020 and 83% changed the way they distributed food, such as changing to a drive-thru distribution.

“Our goal and commitment to the region will always be to reach as many families struggling with food insecurity as we can and provide them the best support.”

- Chad Higdon, CEO of Second Harvest Community Food Bank

According to the new study, 68% of households that used food pantries in 2021 experienced food insecurity. To cope with their circumstances, 52% of households purchased the least expensive food, 34% consumed food past its expiration date, and 39% purchased food in dented or damaged packages.

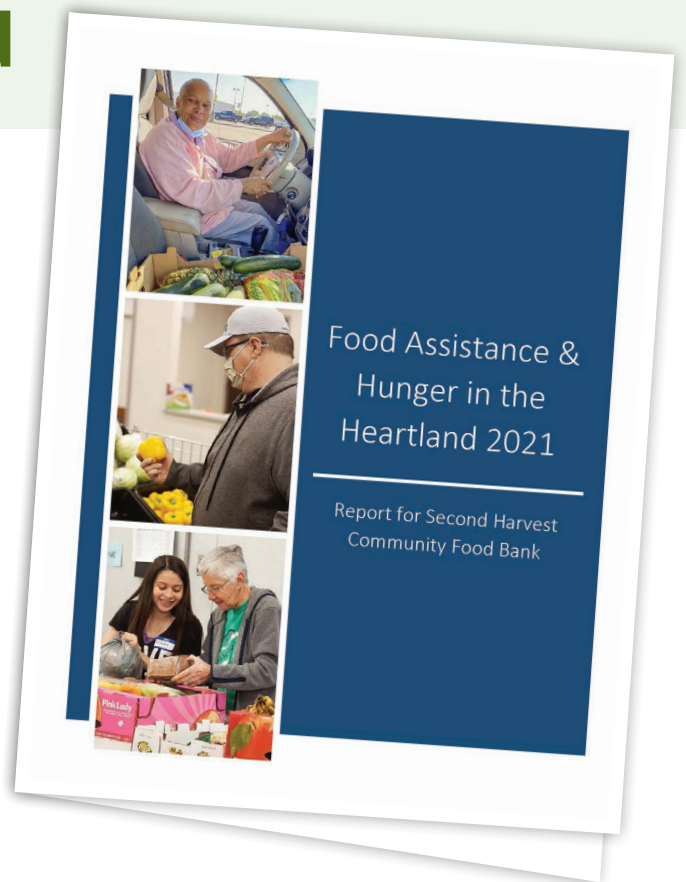
MU researchers found that hunger impacts a wide range of Missourians. The report shows that 39% of households have at least one working adult and 21% have a household member who is working full-time. Among the clients surveyed, 81% of households have an adult member with a high-school degree or higher level of education. Additionally, 37% of households

have at least one adult over the age of 65 and 32% have at least one child under 18.

The study shows a gap between Missourians who are eligible for safety net programs and those who participate. For example, approximately 77% of households surveyed have incomes that make them eligible for the Supplemental Nutrition Assistance Program (SNAP), but only 41% participated in SNAP in the previous year.

77%
households eligible for (SNAP)

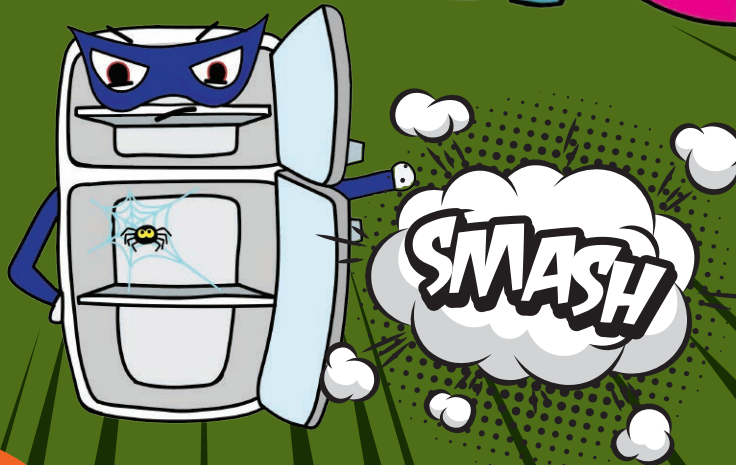
41%
participated in SNAP in the previous year



You Helped Kate Fight Hunger

In August, 32 local businesses competed against each other to raise the most food for Second Harvest. Groups competed to win the coveted Golden Can Award to be awarded at our Volunteer Breakfast September 27.

For information on how you can compete next year call us at 816.364.3663.



2022
Mark Your
Calendars

September

- 5 - Labor Day (CLOSED)
- 23 & 24 - Bluegrass Battles Hunger
- 27 - Volunteer Breakfast
- 29 & 30 - Staff Retreat (CLOSED)

October

- 12 - Partner Agency Conference
- 31 - Staff Meetings (CLOSED)

November

- 1 - Mayors' Thanksgiving Dinner
- 10 - Second Harvest TV Special on KQ2
- 17 - Turkey Day
- 24 & 25 - Thanksgiving (CLOSED)

December

- 23 - Holiday Turkey Express
- Dec 26 - Jan 2 (CLOSED)

Thank
you

For Supporting Second Harvest's Annual Fund Drive

Our Annual Fund Drive is officially over! Thanks to you we hit 71% of our goal at \$511,180. On behalf of the Second Harvest team, THANK YOU!

