

Community Notes

FALL 2017 | A PUBLICATION OF SECOND HARVEST COMMUNITY FOOD BANK

IN THIS ISSUE

Page 2
**NAP TAX CREDIT
OPPORTUNITY FOR
SECOND HARVEST
BUSINESS DONORS**

Page 3
**FRESH MOBILE PANTRY
HELPING FAMILIES IN
OUR COMMUNITY EAT
HEALTHIER**

Page 4
**MEMORIALS AND
HONORARIUMS**

Page 4
**OUR FLEET GETS A
NEW LOOK**

Read inside about how your donation helps the Fresh Mobile Pantry distribute fresh produce to food insecure families in our community.



Second Harvest Community Food Bank
is a member of Feeding America and
Feeding Missouri.



BOARD OF DIRECTORS:

Julie Korell, Chair	Bryan Carter
Robb Ensign, Vice Chair	Todd Euler
Tina Evans, Secretary	Matthew Robertson
Paul H. Rhodes, Treasurer	Amy Ryan
Lisa Michaelis, Past Chair	Daniel Savage
Robin L. Andrews	Mary Scott
Barbara Bramblett	Donna Wilson

STAFF:

Chad Higdon, Chief Executive Officer
 Jackie Auxier, Food Security Coordinator
 Joel Bally, Fresh Start Manager
 T. J. Bauer, Chief Operations Officer
 Michael Belding, Finance/Admin Coordinator
 Dennis Bell, Warehouse Operations Coordinator
 Jamie Curtin, Warehouse/driver
 Michelle Fagerstone, Chief Development Officer
 Dustin Knapp, Food Rescue Driver
 Dona McAndrews, Executive Assistant
 Cohen Merrick, Inventory Control Coordinator
 Elise Miller, Director of Logistics
 Chad Neff, Director of Programs
 Larry Popplewell, Program Coordinator
 Deb Ramey, Nourishing Neighborhoods Coordinator
 Rick Russell, Warehouse/driver
 Gayle Stowers, Development Coordinator



OUR MISSION

To nourish the hungry in Northwest Missouri and Northeast Kansas through a network of partner agencies and direct service program and engage the region in the fight to end hunger.

OUR VISION

A hunger-free Northwest Missouri and Northeast Kansas.

Newsletter is produced by Second Harvest Communications Department. For questions, please contact Michelle Fagerstone at 816-364-3663 x 218

Facebook.com/sec.harv

Twitter.com/Second_Harvest

OurCommunityFoodBank.org

A TAX CREDIT OPPORTUNITY FOR SECOND HARVEST DONORS

THE MISSOURI NEIGHBORHOOD ASSISTANCE PROGRAM

What is the NAP Tax Credit opportunity?

Second Harvest Community Food Bank has been approved by the Missouri Department of Economic Development, through the Neighborhood Assistance Program [NAP], to offer tax credits for calendar year 2017. The NAP credits allow qualified donors with **Missouri business income** to reduce their Missouri tax liability by 50% of their total contribution. Additionally, donors may receive a Federal charitable tax deduction. For example, a \$10,000 total contribution to Second Harvest could potentially result in you paying tax on only \$875 of your \$10,000 gift!

How are these tax credits awarded to donors?

STEP 1

Send your donation to receive NAP tax credits for eligible contributions to Second Harvest

- Minimum donation of \$500
- Maximum donation of \$200,000

Applications will be considered on a first-come, first-served basis while tax credits are available

BUSINESS – C-CORPORATIONS

Contribution amount	\$2,500	\$10,000	\$25,000
Federal charitable deduction <i>(assuming 6.25% bracket)</i>	(875)	(3,500)	(8,750)
Missouri charitable deduction <i>(assuming 6.25% bracket)</i>	(156)	(625)	(1,563)
Missouri 50% NAP Tax Credit	(1,250)	(5,000)	(12,500)
Total Savings	(2,781)	(9,125)	(22,813)
Your Out Of Pocket Cost*	\$219	\$875	\$2,187

INDIVIDUALS WITH BUSINESS INCOME – SCHEDULE C & F

Contribution amount	\$2,500	\$10,000	\$25,000
Federal charitable deduction	(875)	(3,500)	(8,750)
Missouri charitable deduction	(150)	(600)	(1,500)
Missouri 50% NAP Tax Credit	(1,250)	(5,000)	(12,500)
Total Savings	(2,275)	(9,100)	(22,750)
Your Out Of Pocket Cost*	\$225	\$900	\$2,250

**Estimated amounts are based on current law and are for illustration purposes only. Please consult your tax advisor for your eligibility for the tax credits and how they may be utilized in your circumstances.*

STEP 2

Send your contribution to:
 Second Harvest Community Food Bank Attn:
 NAP Tax Credits
 915 Douglas Street
 St. Joseph, MO 64505

For more information email: info@ourcommunityfoodbank.org or call at 816-364-3663

www.OurCommunityFoodBank.org

FRESH MOBILE PANTRY HELPING FAMILIES IN OUR COMMUNITY EAT HEALTHIER

We've been told since we were small children to eat our fruits and vegetables, but why? According to www.choosemyplate.gov a diet containing fresh food may reduce the risk of heart disease, obesity, and type 2 diabetes.

A fresh food diet is also known to protect against certain types of cancers, lower blood pressure, and help decrease bone loss. One major obstacle for food insecure families to buying fresh food is the cost. In 2013, research from the Harvard School of Public Health indicated that the cost to eat healthy per person per day was \$1.50 more than not eating healthy. For the 51,360 individuals in our service area that are food insecure that can add an additional \$547.50 per person, to their yearly budget. A family on a strict budget simply can't afford this expense.

The Fresh Mobile Pantry has been traveling from town to town for a year distributing over 107,000 pounds of fresh produce throughout the Second Harvest service area. Our staff has had the privilege of bringing this food to areas that simply don't have convenient access to healthy food. Along the way, we have met some individuals and families that have touched our hearts.



will get during the month. Volunteers load her golf cart and she makes deliveries throughout Pattonsburg.

For the little girl who lives in a car with her Mom and brother, the fresh fruit was a welcome gift because they didn't have to find a way to cook food.

Cody is our number one volunteer in Barnard. Sweet little Cody loves it when the Second Harvest Fresh Mobile Pantry rolls into town because he knows his family is "going to get some food," but he also gets to help Second Harvest bring food to his neighbors. He dives right in passing bags of potatoes out to his neighbors. Some of them can't come up to the distribution site so he and his big brother make home deliveries.

The Fresh Mobile Pantry partners with the VA Eastern Kansas to provide help to our veteran neighbors. Through programs such as this, we are implementing hunger solutions that truly impact our region — and allow individuals and families to move forward.

Currently the Fresh Mobile Pantry is scheduled to make monthly distributions in areas that have been identified as food deserts. Those sites include Eagleville, Pattonsburg, Braymer, Barnard, St. Joseph, Kickapoo, and Blair. Several other communities in Northwest MO and Northeast KS are in areas that have food deserts. The Fresh Mobile Pantry was made possible through the Mosaic Community Connect program, but you can help us reach more communities by making a tax-deductible donation to Second Harvest Community Food Bank. For more information or to donate visit www.OurCommunityFoodBank.org



Sweet little Cody loves it when the Second Harvest Fresh Mobile Pantry rolls into town because he knows his family is "going to get some food," ...

HUNGER ACTION MONTH 2017

Second Harvest Community Food Bank and food banks across the country in the Feeding America Network are spreading awareness on the 1 in 7 Americans who struggle with hunger. We challenge you all to spread awareness and join the movement to fight hunger in America by participating in the events and actions in this calendar. #HungerActionMonth

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Second Harvest Community Food Bank 915 Douglas St. St. Joseph, MO 64505-2749 TAKE ACTION www.OurCommunityFoodBank.org		1 Start Start collecting your change. At the end of the month donate to Second Harvest.	2 Check It Out Visit our website and get acquainted with us and learn about our mission.
	3 Share Share this calendar on your church bulletin board and spread the word about hunger.	4 Change Change your Facebook profile picture or cover photo to an image of orange for the month.	5 Volunteer Sign up for a volunteer day with family or friends.	6 Food Drive Host a food drive at your school, work, or faith community.	7 Turn Orange! Wear Orange today to show your support for hunger-relief efforts.	8 Go Online Start an Online Food Drive! Ask your family and friends to support you.
10 Honor Today is Grandparents Day. Make a donation in their honor to Second Harvest.	11 Take a Selfie Take a selfie with an empty plate and share it on your social media pages.	12 Plant Consider planting a community garden next spring and donate the produce to Second Harvest.	13 Give Up Give up coffee, pop or vending machine snacks for one week and donate that money to hunger relief at Second Harvest.	14 Walk Organize a Hunger Awareness Walk.	15 Talk Talk about hunger with your family.	16 Spread the Word "Like" Second Harvest on your social networks.
17 Donate Take a special collection today for Second Harvest. \$10 = 30 meals.	18 Tweet Send out a tweet about hunger around the world or in your community.	19 Pack a Lunch Pack lunch and donate what you would have spent to Second Harvest.	20 Go Casual Organize a casual/jeans day with your employer or school. Participants can donate to dress casual and funds will benefit Second Harvest.	21 Set an Empty Plate Let this be a reminder to you and those at your table of all those who are at risk of hunger.	22 Host a Party Ask your guests to consider bringing a canned food item to donate to Second Harvest.	23 It's Not Too Late! Find out what events are coming up and volunteer.
24 Invite Invite a Second Harvest representative to speak at your place of worship.	25 Prepare Build two emergency food boxes—one for your family and one for another in need, in case of a disaster.	26 Discuss Host a potluck. Discuss how you can fight hunger.	27 Visit Schedule a visit and join us for a behind the scenes tour of Second Harvest.	28 Join Contact Second Harvest and have your organization added to our email list.	29 Educate Cook a meal with your family and teach them that healthy food matters for all of us, including those in need.	30 Continue Help us work to end hunger in Northwest Missouri and Northeast Kansas and beyond all year long.

MEMORIALS AND HONORARIUMS

Second Harvest Community Food Bank is grateful for all the gifts that are meant to personally remember and honor the life of a friend or loved one. Your gift not only pays tribute to the person, it helps provide valuable funding for programs and services provided through Second Harvest. For more information on how you can pay tribute to a loved one contact Dona McAndrews, 816-364-3663

Mason Adams
 Connie Aubrey
 Robert Benter
 Bookends Book Club
 Mildred Conard
 Norma J. Ferguson
 Connie Saxton and

Jim Fly
 Donna and Joe
 Glenski
 Justin Gould
 Fred Halsey
 Hodge Wallace
 Hegarty

Thomas Higdon
 Jeremy Hoffman
 and the LHS
 Alumni Basketball
 Committee
 Jo Jefferies
 Loved Ones

Doris Ann Groom
 Miller
 Mary Ann Pryor
 Jack Rivers
 Norma Salsberry
 Jeff Sampson
 Marian Schottel

Randy Stowers
 Bob Thorpe
 Dr. James Trout
 Coach Vertin
 Paul W. Ward
 Denise Young's
 birthday



SECOND HARVEST COMMUNITY FOOD BANK FLEET GETS A NEW LOOK

In our last newsletter, on the back cover, there was a picture depicting the evolution of the Second Harvest logo throughout its 36-year history. For several months Second Harvest has been rebranding the organization, with new letterhead, business cards, building signage and a fresh new look for our fleet, which features our re-vamped logo along with a fork of fresh salad. The new look for the fleet is bright and attractive. Give our guys a honk of approval the next time you see them on the road!